

Pharyngeal pouches & clefts – development of neck structures

The 5 week embryo is characterized by the presence of 4 pairs of pharyngeal clefts and 5 pairs of pharyngeal pouches, the last pouch is often considered a part of the 4th

The epithelial endodermic lining of pouches gives rise to important organs .

Cross section of the pharyngeal arches shows pouches on the inner surface of the pharyngeal arches and clefts on the outer surface

Derivatives of pharyngeal pouches:

1st pharyngeal pouch : (forms a tube)

- The distal portion of this pouch forms the primitive tympanic cavity (middle ear cavity) -will later contain (incus +malleus + stapes bones)
- The proximal portion forms the auditory tube (Eustachian / pharyngeotympanic tube) this tube connects the middle ear cavity to the pharynx (a way for spread of the infections)
- . The lining of the tympanic cavity aids in the formation of the eardrum (separates between external ear and middle ear)

2nd pharyngeal pouch : (forms a depression)

- Forms palatine tonsil
- During 3 5 months the tonsil is infiltrated by lymphatic tissue
- Part of the pouch is found in adults as tonsillar fossa

3rd pharyngeal pouch : (forms 2 proliferations)

In the 5th week:

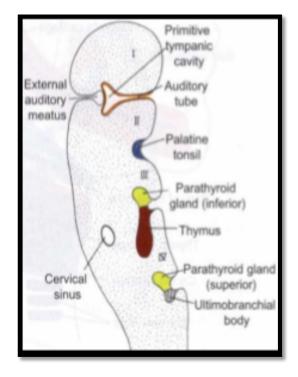
- 1. The epithelium of the **dorsal wing** of the 3rd pouch differentiates into inferior parathyroid glands
- 2. the ventral wing forms the thymus

Recall: parathyroid glands are 4 small glands are located at the dorsal surface of the thyroid gland,

- Both glands primordia lose their connection with the pharyngeal
- The thymus migrates pulling the inferior parathyroid glands with
- The thymus moves to it's final position in the thorax (where it fuses with it's counterpart)
- The parathyroid tissue of the 3rd pharyngeal pouch finally come to rest at the dorsal surface of the thyroid gland

4th pharyngeal pouch:

The epithelium of this pouch forms the superior parathyroid glands



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When the parathyroid gland loses it's contact with the **pharynx** it attaches itself to the migrating thyroid and finally it is located on the dorsal surface of the thyroid gland

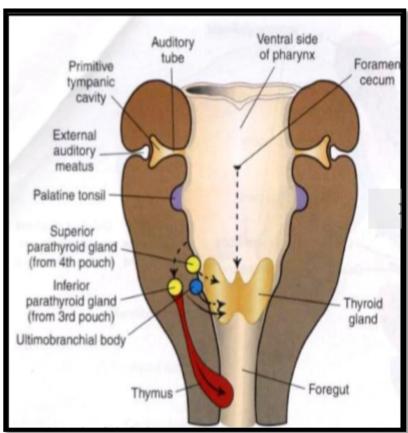
Q: the location of the parathyroid glands does not reflect there embryonic origin?

A: the 4th pharyngeal pouch will form the superior parathyroid (remains in place) while the 3rd pharyngeal pouch forms the inferior parathyroid (will be pulled by the thymus)

5th pharyngeal pouch : (some books consider it to be part of the 4th others consider it to be separated)

It gives arise to the **altimobaranchial body** :

- Incorporated into the thyroid gland
- Gives rise to the c- cells (secrete calcitonin – a hormone involved in the regulation of calcium level in the blood)



Di – George syndrome : ($\operatorname{3}^{\operatorname{rd}}$ and $\operatorname{4}^{\operatorname{th}}$ pharyngeal pouch syndrome)

(Low immune response due to problems in the thymus and parathyroid glands)

Abnormality in chromosome 22 → affects immunity due to the absence or underdevelopment of thymus and para thyroid glands

Symptoms:

- thymus hypoplasia
- hypoparathyroidism
- cleft palate
- micrognathia (reduced jaw)

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Pharyngeal clefts

- pharyngeal clefts are seen in 5 week embryo and in development almost completely disappear
- 1st pharyngeal cleft gives the external auditory meatus + participates in the formation of the ear drum
- 2nd, 3rd 4th clefts are overlapped by the proliferation of 2nd pharyngeal arch and form a space lined by epithelium called cervical sinus (lined by epithelium coming from ectoderm) finally these clefts lose contact with the outside
- Failure of this embryonic process leads to the formation of cysts and fistulas
- Cervical sinus disappears later on , remnants of the cervical sinus (if the cervical sinus remains it will grow bigger in size) causes lateral cervical cysts in childhood (on one side or 2 sides but normally one side only)

If the cyst is open either to the internal or external → forms a fistula

- Q: Ear drum is only formed by 1st pharyngeal cleft ? FALSE- formed by -1st pharyngeal cleft and pouch
- Q: cervical sinus is formed by ? The 2nd , 3rd , 4th cervical clefts
- Swelling at the lateral side of the neck (sterno mastoid muscles) \rightarrow lateral cervical cysts due to the remnants of the cervical sinus

Development of thyroid gland

Thyroid =

- 1. Largest endocrine gland
- 2. First endocrine gland to develop in the body (4th week of IUL)
- 3. Originates as proliferation of endoderm cells in the floor of the primitive pharynx 2^{nd} pouch at the foramen cecum region
- 4. The thyroid descends infront of the pharyngeal gut as **bilobed diverticulum** with further development the thyroid gland descend infont of the hyoid bone and laryngeal cartilages
- 5. During this migration the gland remains connected to the tongue by the thyroglossal duct
- 6. By week 7 or embryonic development, the gland reaches It's final position (anterior to the trachea) now it has a median isthmus and 2 lateral lobes the thyroglossal duct disappears
- Thyroid begins to function by 3rd month **follicular cells** produce the **colloid that serves as a source** of thyroxin and triiodothyronine
- C- cells serve as a source of calcitonin

NOTE: cecum = one end opening

The thyroid gland forms as one mass (structure) – the thymus gland forms as 2 halves

The developing thyroid s connected to it's origin by the thyroglosssal uct

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Thyroid gland abnormalities:

- Thyroglossal cyst:
- 1. cystic remnant of the thyroglossal duct
- 2. may be located at any point along the pathway of the developing thyroid gland (middle of the neck)
 - Ectopic thyroid gland:
- 1. Very rare
- 2. The thyroid fails to descend from the tongue area → lingual thyroid at the base of the tongue -Subjected to the same diseases as the gland itself
- 3. Must take this abnormality in consideration with any swelling at the tongue -Patient should be sent for thyroid gland investigations to exclude this abnormality
- 4. Incomplete descend (rare) results in cervical thyroid that is seen in the neck or just below the hyoid bone

Q : abnormal swelling in the middle of the neck \rightarrow either ectopic thyroid gland or thyroglossal cyst

NOTE: usually ectopic thyroids are not treated, but cysts must be removed surgically

Ear development

External ear	Middle ear	Inner ear
 Auricle = originated from 1st & 2nd pharyngeal arches (6 hillocks) 	Tympanic cavity and auditory tube = from 1 st pharyngeal pouch	Sacule + cochlea +organ of corti = from otic placodes (ectoderm)
 External auditory meatus (auditory canal) = from the 1st 	(endoderm)	
pharyngeal groove	The 3 ossicles (malleus ,	
3. Eardrum / tympanic membrane =	incus , stapes) from the 1^{st}	
from ectoderm lining external	and 2 nd pharyngeal arches	
auditory meatus and endoderm		
lining tympanic cavity		



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